

MARRIAGE EDUCATION AND RESOURCE CENTER

August, 2021 The Marriage Education and Resource Center (MERCY) Newsletter



I, Penny, have been trying to clean out some clutter. I've been telling myself to do this for years but other things seem more important and fun. However, my children's eyes bug out every time they go to the basement and often ask, "Mom, what are we suppose to do with all this stuff one day when you and Dad are gone?"

I have to admit, this clean-up is slow going; very slow going. I tell myself "I'll do a little more tomorrow," but that day passes without much progress.

Have you ever been like that? What about in terms of your marriage? Have you ever thought we really need to spend more time together and work on our marriage? If so, I hope you will put a bigger priority on this than I have in getting the basement cleaned out.

Did you know at MERCY we can help with enhancing your marriage? The

Upcoming Marriage Events

Coupletime Online - Friday, August 27, 8:30 p.m. - Free <u>"Instinctive or Intentional"</u>



In this session, we will be examining if we will live instinctively or intentionally. Are you going through your day and just doing what comes naturally or are you listening to God and prioritizing relationships and acting thoughtfully and purposely?

We hope you will mark your calendar and join us for this session. Here is a link you can use to access the meeting on August 27.

click here

<u>A New Beginning</u> - August 20-22 Online Workshop Lord has allowed us to help hundreds of couples in their relationship. So if you would like a tune-up for your relationship, please get in touch with us. Helping couples have a better and more Christ-like marriage is a lot more fun than sorting through junk in the basement.

If you would like to read a few testimonies from couples we, or one of MERCY's mentors, have helped, **click here**

Daily Temperature Reading



We know communication is important, but how do we do it well? The Daily Temperature Reading, that was created by Virginia Satir, a pioneer in Family Therapy, is a step-bystep guide to getting it right. Practice for a month, even if at first it seems artificial or corny and we think you will see a positive difference in your relationship

- 1. Appreciation something you each appreciate that the other person did
- New Information big or small, something you haven't shared with your partner
- Puzzle what's on your mind, what issues are you struggling with
- Complaint with request for change – ask your partner for what you



A "New Beginning is a counselor-led workshop for couples in crisis.

For more information, **click here**

<u>The Art of Parenting</u> - Tuesdays, September 7 - October 26 6:30 -8:15 p.m. - MERCI Barn



Parenting. . . It is not all on you.

Being a mom or dad is one of the most rewarding jobs you'll ever have. And one of the most challenging.

The Art of Parenting, by Family Life, highlights the core issues every parent and child need to address together.

Book Purchase is: \$10.00

MERCI Barn 8510 Hwy. 111 Memphis, IN (closer to Sellersburg near the intersections of Hwys.111 & 60)

For more information about this workshop, contact mercibce@gmail.com or phone or text: (502) 387-0645 or (502) 767-3918.



need

5. Wish, hope, or dream – something you're looking forward to

If you would like to know more about this skill, **click here**

Helping Your Spouse Grow Spiritually



When you and your spouse don't have the same level of spiritual maturity or interest, don't lecture or manipulate. Instead consider these five actions Ron Jackson shared with Focus on the Family:

- 1. Be Patient
- 2. Don't Stand in the Way
- 3. Be Authentic
- 4. Stay Balanced
- 5. Examine the Reasons

To read his complete article, click here

<u>Pure Life Ministries</u>, a pioneer in dealing with sexual addiction and its consequences, has just released three of their bestselling resources in audiobook format. To register: click here

<u>Growing Your Marriage Online</u> <u>Event</u> - Tuesday, September 7, 8:00 - 9:15 p.m. - Free

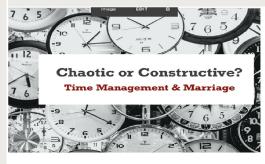


Join "Growing Your Marriage" leaders Joe and Toni Rose as they help unpack personality differences in marriage. As you understand your spouse better you will find greater relational connection and satisfaction.

To register, click here

Also, check out their web site for their upcoming "Husband and Wife Retreat Journeys" coming this fall and be sure to read the testimonies of those who have attended in the past.

Chaotic or Constructive? Time <u>Management & Marriage</u>-Friday, September 17, 6:30 -8:00 p.m. - Free



In this interactive workshop you will learn to make the most of your time and how to help





They are:

At the Altar of Sexual Idolatry, which has shown tens of thousands of Christian men how to walk in real freedom from sexual sin.

When His Secret Sin Breaks Your Heart, a book that is full of biblical answers and hope for women in the midst of devastation and chaos.

i: the root of sin exposed, a helpful resource for the sincere believer who wants to experience deeper intimacy with Christ.

These are now available on Amazon.

manage the stress caused by hectic lifestyles.

Facilitators: Cathy and Stan Wheeler, Educators with experience in teaching life skills.

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To register: click here

<u>Marriage Night</u> - Available Virtually - Friday, September 24

Is Your Marriage in Crisis?



Marriage Dynamics shares the following five warning signs that a marriage is on the brink of a full blown crisis.:

- 1. Lack of Physical Intimacy
- 2. Loss of Emotional Intimacy



- 3. Children Always Come First
- 4. No Shared Friends or Interests
- 5. Unhealthy Communication Habits

To read the complete article, click here

Couples experiencing one or more of these issues may want to consider getting help before the problems get worse.

At MERCY, we can help direct you to the help you need.

Marriage Night

SEPTEMBER 24, 2021

Enjoy an evening of laughter, learning, and growth in your marriage as you hear from relationship experts.





I.D. & /ERONICA GREEAR



JONATHAN & KANIKA EVANS



AARON & JAMIE IVEY

DUSTIN NICKERSON

During this one-night event, hear from the above speakers to discover how to honor God in your relationship - plus comedy from Dustin Nickerson.

Livestream the event on any device. \$20 per person

to register or for more information, click here

Ten

Commandments of Marriage by Ed Young

We want to thank Lorie and John Weires with Growing Your Marriage for sharing this graphic on the *Ten Commandments of Marriage* by Ed Young.

States with the Highest Divorce Rates:

1. Arkansas - 10.7

